tower bell is rung, to let the parish know that this part of the service has been reached.

Using the Body in Worship – Anglo-Catholic worship invites us to participate through bodily gestures. The guiding principle is the Incarnation – God taking a human body in Jesus of Nazareth and living a human life among us in that body. This means that what we do with our bodies is important. The whole person is involved in worship, body and soul. We use three major gestures:

We make **the sign of the cross**, reminding us of our Baptism and Profession of Faith, at those points in the service marked \maltese . In the Western tradition we make the sign of the cross by touching the fingertips of our right hand to our forehead, touching the centre of our chest below the heart, touching the front side of our left shoulder, touching our right shoulder and finally touching our chest over our heart.

We **bow** to the altar, to the cross at the head of a procession, to the passing of the Priest in a procession, at the name of Jesus and in the Creed at the words describing the Incarnation.

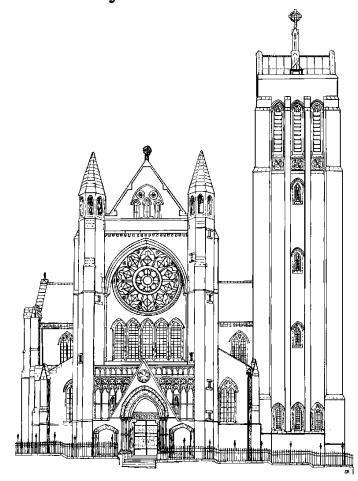
If we are physically able, we **genuflect** – by bowing while bending the right knee towards the ground – in the presence of the Blessed Sacrament and therefore when approaching or crossing in front of the altar where the sacrament is reserved.

Communion – The Church of England offers Eucharistic Hospitality: visitors who are regular members of another church and receive communion in that church are invited to receive communion here.



Common Worship: Services and Prayers of the Church of England, material from which forms the basis of this service, is copyright © (2000) The Archbishops' Council; Minor variations are incorporated in accordance with Canon B5(I). The form of the confession corresponds to that of the New Roman Order of 1969 in its traditional English version. Other traditional material is included.

Sunday Mass or Eucharist Ordinary Time after Easter



Church of England Parish Church of St Alban the Martyr, Highgate, Birmingham

Mobile Phones – Please silence any mobile phones while in church.

Children – We welcome children in our Church. There is a corner at the west end of the church with seating for parents and small children if you need it.

Accessibility – Step-free access to the church is available through the 'cloister' lobby. Go through the gate in the railings between the church and 120 Stanhope Street and follow the path to the lobby.

Step-free access to the sanctuary step for communion is not currently available; if you would like communion brought to you, please speak to the assistant by the entrance, who will let the Priest know.

Hearing Aid Users – We have an induction loop; to receive sound from it, switch your hearing aid to the 'T' position.

Toilets – To reach the toilets, including one adapted for wheelchair users, go through the door by the organ, on your left as you face the front of the church, into the vestry passage. Turn right and go through the curtains into our Parish Hall, St Patrick's Room. Turn left and the toilets are ahead of you on either side of a short corridor.

Eucharistic Hospitality – If you are a regular member of another church and receive communion in that church, you are invited to receive communion here.

Donations – There are plates for donations near both entrances. We do not pass round a collecting plate during the service.

Gift Aid – If you pay income tax and would like to increase the value of your donation by 25% from the tax you have paid, please use a Gift Aid envelope. If there are not some by the collecting plate, please ask.

Refreshments – Please join us for refreshments in our Parish Hall, St Patrick's Room, after any organ voluntary at the end of the service. Tea, coffee and biscuits are available. Go through the door by the organ, on your left as you face the front of the church, into the vestry passage. Turn right and go through the curtains into the Parish Hall.

Please do not take this booklet away - others will need it.

About our Anglo-Catholic traditions

St Alban's has an Anglo-Catholic heritage. Catholic comes from of a Greek word meaning "for everyone". To us the Church of England is a Reformed Catholic Church, maintaining the faith of the Creeds and the Early Councils, the Sacraments and the succession of Bishops from the Apostles.

Our Catholic tradition celebrates the Incarnation – the coming to humanity of God in the person of his Son Jesus Christ, who is present among us today in the form of the Bread and Wine which become for us his Body and Blood in the sacrament of the Eucharist. We keep some of the consecrated bread – the Blessed Sacrament – in a Tabernacle either on the High Altar or in St Patrick's Chapel.

Our style of worship makes use of the things of this world to approach heaven: fine music and architecture, formal and dignified language, the light of candles, the sound of bells, incense, holy water, coloured vestments, movement and bodily gesture. In the ceremonial of our Eucharist these God-given earthly things draw us heavenward.

Vestments – The Priest's vestments have a biblical basis in the priestly robes of the Old Testament.

Servers – The Priest is assisted by robed lay servers. The thurifer carries the censer or thurible filled with charcoal for burning incense during the service, acolytes lead the Priest carrying lighted candles and sometimes a crucifer carries the cross in processions.

Choir – Our robed Choir sings parts of the liturgy and leads the hymns.

Lights – Lighted candles and lamps remind us that Jesus Christ is the Light of the World.

Incense – is a symbol of prayer, reminding us to worship with all our senses. In Psalm 141 prayers are said to be like the smoke rising from burning incense. It is used in processions and at key points in the Liturgy: at the Gospel, the Offertory, and the Consecration.

Bells – draw attention to important moments in the service, especially when the body and blood of Christ are raised for all to see and the

The Angelus

Leader: The angel of the Lord brought tidings to Mary.

All: And she conceived by the Holy Ghost.

Leader: Hail Mary, full of grace, the Lord is with thee;

Blessèd art thou among women,

and blessèd is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, pray for us sinners, now and in the hour of our death. Amen.

Leader: Behold the handmaid of the Lord.

All: Be it unto me according to thy word.

Leader: Hail Mary,

All: Holy Mary, Mother of God, pray for us sinners, now and in the hour of our death. Amen.

Leader: And the Word was made flesh.

All: And dwelt among us.

Leader: Hail Mary,

All: Holy Mary, Mother of God, pray for us sinners, now and in the hour of our death. Amen.

Leader: Pray for us, O holy Mother of God,

All: That we may be made worthy of the promises of Christ.

Priest: Let us pray. We beseech thee, O Lord, pour thy grace into our hearts; that, as we have known the Incarnation of thy Son Jesus Christ by the message of an angel, so by his ♣ Cross and Passion we may be brought to the glory of his Resurrection through the same Jesus Christ our Lord.

All: Amen.

Please remain in your seats if the Organist plays a voluntary. After the Choir leaves, you are invited to come through to our Church Hall, St Patrick's Room, where refreshments are available. Go through the door by the organ into the vestry corridor, turn right and go through the curtains into the hall.

Welcome to the Church of England Parish Church of St Alban the Martyr, Highgate

In the Mass or Eucharist we remember the life, death and resurrection of Jesus Christ. We also remember that he gives himself to us today in the bread and wine, which become for us his Body and Blood. This booklet contains the part of our service that is the same each Sunday from Trinity Sunday to the Season of Creation in September. Parts which change are on a separate sheet, with our prayer intentions and notices on the reverse. The hymn numbers are displayed on boards on each side of the nave and are not announced. Often the text for the service, including hymns, is shown on large screens at the front of the nave.

Our Anglo-Catholic heritage emphasizes a deeply reverential style of worship. We use earthly things to approach heaven: fine music and architecture, formal and dignified language, the light of candles, the sound of bells, incense, holy water, coloured vestments, movement and bodily gesture. We make the sign of the cross at the points in the service marked \maltese and you may wish to join us but should not feel obliged to if it is not your tradition. See page 17 for more about our Anglo-Catholic traditions.

If you are unable to stand or kneel when indicated, please sit.

THE ORDER OF THE MASS OR EUCHARIST

The members of the Choir enter and go to their stalls in the chancel unless they are going to join in the entrance procession.

Entrance Procession

When a bell rings, we STAND (if able to do so). We sing a hymn (the first number on the hymn boards) as the Priest and Servers enter the church and process to the altar. The Choir sings a short verse (the Entrance Antiphon on the separate sheet) and the Priest reverences the altar using incense. Then the Priest and Servers go their places at the crossing and the Priest greets us.

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Greeting

The Priest may briefly introduce the service, before or after these words:

Priest: In the name of the ₱ Father, and of the Son, and of the

Holy Spirit.

All: Amen.

Priest: The Lord be with you.All: And with your spirit.

Prayer of Preparation

All: Almighty God,

to whom all hearts are open, all desires known and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your Holy Name; through Christ our Lord. Amen.

Penitential Rite

We tell God that we are sorry for our sins and ask God to forgive us. The priest introduces the following confession, and we all join in:

Priest: "How often have I longed to gather your children, (Or other as a hen gathers her brood under her wings," seasonal

says the Lord. "but you would not come to me."

Let us as wayward children return to God

and confess our sins:

All: I confess to almighty God,

and to you, my brothers and sisters, that I have sinned through my own fault, in my thoughts and in my words, in what I have done, and in what I have failed to do; and I ask blessed Mary, ever virgin, At this point Banns of Marriage may be read and notices given.

Once a month we may give thanks for all those with birthdays during that month. They are invited to come forward and make a small donation to our Birthday Fund, which is used to purchase items for the sanctuary. Then we say this prayer:

All: Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be, keeping them unspotted from the world. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up when they fall; and in their hearts and minds may thy peace, which passeth understanding, abide all the days of their lives, through Jesus Christ our Lord. Amen.

CONCLUDING RITE

REMAIN STANDING (if able to do so)

Priest: The Lord be with you.All: And with your spirit.

Blessing

If there is a Solemn Blessing, the Priest may begin:

Priest: Bow your heads and pray for God's blessing.

The Priest reads requests for God's blessing. To each we reply: **Amen.**

Priest: The blessing of God Almighty,

♥ the Father, the Son, and the Holy Spirit,

be among you and remain with you always. Amen.

Priest: Go in peace to love and serve the Lord. (*Or seasonal sentence.*)

All: In the name of Christ. Amen.

We sing the final hymn. The Priest and servers go to the statue of the Virgin Mary and cense it. Then the choir leads us in singing the Angelus:

words.)

Communion

The Priest turns towards us, holds up the consecrated bread and says:

Priest: Behold the Lamb of God,

behold him who takes away the sins of the world. Blessèd are those called to the supper of the Lamb.

We strike our chest with our right fist as we say:

Lord, I am not worthy All: that you should enter under my roof. but only say the word and my soul shall be healed.

The Choir sings the Communion Antiphon on the separate sheet, the sanctuary bell is rung and the Choir lines up before the altar at the sanctuary step for communion. We follow to receive communion or a blessing, kneeling on the step if able to do so, or else standing. Visitors who normally receive communion in their own church are invited to receive communion here. If you do not wish to receive communion but would like a blessing from the Priest, please cross your arms across your chest. We invite you to sanitise your hands before communion.

The body of Christ. Priest:

Communicant: Amen.

Minister: The blood of Christ.

Communicant: Amen.

After receiving communion we return to our places, either through St Patrick's Chapel to the right or past the organ and Lady Chapel to the left, then kneel or sit a while in silence. Meanwhile the Choir may sina an anthem. After this we sing the third hymn on the hymn boards still kneeling or sitting if communion is still being given at the altar.

Prayer after Communion:

STAND (if able to do so)

The Priest says the Prayer after Communion on the separate sheet.

Priest: Let us pray...

All: Amen. all the angels and saints, and you, my brothers and sisters, to pray for me to the Lord, our God.

Priest: Almighty God, who forgives all who truly repent, have mercy upon you, \(\Psi\) pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. Amen.

Kyrie

The Choir sings the following ancient prayer (in English or Greek). If the Priest sits, we sit. If it is difficult for you to stand, please sit:

> Lord, have mercy. Kyrie, eleison. Christ, have mercy. Christe, eleison Lord, have mercy. Kyrie, eleison.

Gloria

Next, we stand (or sit if unable to stand) while the Choir sings this ancient hymn of praise on behalf of us all in these or similar words:

Glory be to God on high, Glória in excélsis Déo, and in earth peace, good will towards men. et in térra pax homínibus bónæ voluntátis We praise thee, we bless thee, Laudámus te. benedicimus te. we worship thee, we glorify thee, adorámus te, glorificámus te, we give thanks to thee for thy great glory, grátias ágimus tíbi própter mágnam glóriam túam, O Lord God, heavenly King, Dómine Déus, Rex cæléstis, God the Father almighty. Déus Páter omnípotens.

O Lord, the only begotten Son, Jesus Christ:

Dómine Fíli unigénite, Jésu Chríste:

Lord God, Lamb of God, Son of the Father.

Dómine Déus, Agnus Déi, Fílius Pátris,

that takest away the sins of the world: have mercy upon us.

qui tóllis peccáta múndi, miserére nóbis.

[Thou that takest away the sins of the world have mercy upon us.]

Thou that takest away the sins of the world: receive our prayer.

Qui tóllis peccáta múndi, súscipe deprecatiónem nóstram,

Thou that sittest at the right hand of God the Father, have mercy upon us

Qui sédes ad déxteram Pátris, miserére nóbis.

For thou only art Holy; thou only art the Lord;

Quóniam tu sólus Sánctus; tu sólus Dóminus;

thou only, O Christ, with the Holy Ghost, art the most high,

tu sólus Altíssimus, Jésu Chríste, cum Sáncto Spíritu,

₩ in the glory of God the Father. Amen.

掛 in Glória Déi Pátris. Amen

If the Choir does not sing the Gloria, we may say it using these words:

Glory to God in the highest,

and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks,

we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world: have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One, you alone are the Lord,

You alone are the Most High, Jesus Christ,

with the Holy Spirit, ₹ in the glory of God the Father. Amen.

Collect

The Priest reads an opening prayer, the Collect on the separate sheet.

Priest: Let us pray...

All: Amen.

The Peace of the Lord be with you always.

All: And with your spirit.

The Priest, or the Deacon if one is present, says:

Priest: Let us offer one another a sign of peace.

We greet those near to us saying "Peace be with you" or similar words.

The Breaking of the Bread

The Priest breaks the consecrated bread saying:

Priest: We break this bread to share in the body of Christ.

All: Though we are many, we are one body, because we all share in one bread.

The Choir sings an ancient prayer, the **Agnus Dei**, using the following or similar words according to the musical setting used:

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

grant us peace.

Or in traditional language:

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

Or in Latin:

Agnus Déi, qui tóllis peccáta múndi: Miserére nóbis. Agnus Déi, qui tóllis peccáta múndi: Miserére nóbis. Agnus Déi, qui tóllis peccáta múndi: Dóna nóbis pácem.

KNEEL (or SIT if unable to kneel)

and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people, and gather into one in your kingdom, all who share this one bread and one cup, so that we, in the company of Our Lady, St Alban, St Patrick and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

All: Amen.

The Lord's Prayer

We STAND to sing the prayer, led by the Choir, or to say it together:

Priest: Let us pray with confidence as our Saviour has taught us:

All: Our Father, who art in heaven, hallowed be thy name; thy kingdom come;

thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

but deliver us from evil. For thine is the kingdom, the power and the glory for ever and ever. Amen.

The Sign of Peace

Priest: Peace to you from God our heavenly Father. (Or other Peace from his Son Jesus Christ who is our peace. Peace from the Holy Spirit, the life-giver. Words.)

THE LITURGY OF THE WORD

Now we SIT to listen to readings from the Bible, which are on the separate sheet. The first two are read from the Eagle Lectern.

First Reading

Reader: A reading from ... This is the word of the Lord.

All: Thanks be to God!

Responsorial Psalm

The Choir leads the Psalm on the separate sheet. A Cantor sings the Response, then we join in singing it. We join in the Response again after each verse. Then we listen to the Second Reading.

Second Reading

Reader: A reading from ... This is the word of the Lord.

All: Thanks be to God!

Gospel Acclamation

We STAND as the Choir sings the Gospel Acclamation. The Priest or Deacon brings the Gospel Book from the Altar to the middle of the congregation. We turn to face the place where the Gospel will be read.

Gospel

Priest: The Lord be with you.All: And with your spirit.

Priest: A reading from the Holy Gospel ♥ according to ...

All: Glory to you, O Lord!

The Priest censes the Gospel Book and then reads or sings the Gospel, on the separate sheet. At the end the Priest says:

Priest: This is the Gospel of the Lord.

All: Praise to you, Lord Jesus Christ!

Sermon

The Priest then introduces the sermon or homily and we SIT.

The Choir may lead us in singing the traditional version of the Nicene Creed here, or we may recite the modern version on the next page.

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible, and invisible:

And in one Lord Jesus Christ, the only begotten Son of God, Begotten of his Father before all worlds,

God of God, Light of Light, very God of very God,

Begotten not made,

Being of one substance with the Father,

By whom all things were made:

Who for us men, and for our Salvation

came down from heaven,

During these And was incarnate by the Holy Ghost

words we bow of the Virgin Mary, or genuflect. and was made man,

And was crucified also for us under Pontius Pilate.

He suffered and was buried,

And the third day he rose again according to the Scriptures,

And ascended into heaven,

And sitteth on the right hand of the Father.

And he shall come again with glory

to judge both the quick and the dead:

Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord and giver of life, who proceedeth from the Father and the Son,

who with the Father and the Son together

is worshipped and glorified,

who spake by the prophets.

And I believe one Holy Catholic and Apostolic Church.

I acknowledge one Baptism for the remission of Sins,

And I look for the \maltese Resurrection of the dead,

And the life of the world to come. Amen.

The Eucharistic Prayer

Priest: Lord, you are holy indeed,

the source of all holiness;

grant that by the power of your Holy Spirit,

and according to your holy will, these gifts of bread and wine,

may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,

took bread and gave you thanks;

he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you;

do this in remembrance of me. In the same way, after supper,

he took the cup and gave you thanks;

he gave it to them, saying:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it,

in remembrance of me.

Priest: Great is the mystery of faith:

All: Christ has died;

Christ is risen;

Christ will come again.

Priest: And so, Father, calling to mind his death on the cross,

his perfect sacrifice made once for the sins of the whole world;

rejoicing in his mighty resurrection and glorious ascension,

and looking for his coming in glory,

we celebrate this memorial of our redemption.

As we offer you this

our sacrifice of praise and thanksgiving, we bring before you this bread and this cup, The Priest says the Prayer over the Offerings on the separate sheet, and we reply:

All: Amen.

REMAIN STANDING (if able to do so)

The Priest says or sings these words. If sung, the Choir leads our reply:

Priest: The Lord be with you.

All: And with your spirit.

Priest: Lift up your hearts.

All: We lift them up to the Lord.

Priest: Let us give thanks to the Lord, our God.

All: It is right to give him thanks and praise.

The Priest continues with the Preface, a short prayer that differs from Sunday to Sunday. (It is not on the sheet.) Then the Choir sings the **Sanctus** and **Benedictus** using one of these versions or similar words:

Holy, holy, holy Lord, God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessèd № is he who comes in the name of the Lord.

Hosanna in the highest.

Holy, holy, holy, Lord God of hosts,

Heaven and earth are full of thy glory.

Glory be to thee, O Lord most High.

Blessèd № is he that cometh in the Name of the Lord

Hosanna in the highest.

Sánctus, sánctus Dóminus, Déus sábaoth,

Pléni sunt cœli et térra glória túa,

Hosánna in excélsis.

Benedíctus ♥ qui vénit in nómine Dómini.

Hosánna in excélsis.

The Priest continues with the Eucharistic Prayer. We KNEEL if able to do so or else SIT, now or when a bell rings.

Or in modern language:

All: We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,

eternally begotten of the Father,

God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven,

During these was incarnate from the Holy Spirit

words we bow of the Virgin Mary, or genuflect. and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,

who with the Father and the Son is worshipped and glorified, who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

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We look for the ♥ resurrection of the dead,

and the life of the world to come. Amen.

REMAIN STANDING or SIT if unable to remain standing.

Prayers of Intercession

The Priest reads an introductory prayer. Then a lay person leads our prayers. After each prayer we respond using one of these patterns:

Leader: Lord in your mercy
All: Hear our prayer.

Leader: Lord, hear us

All: Lord, graciously hear us.

Leader: O Lord, hear our prayer

All: And let our cry come unto thee.

After praying for the departed the Leader may say:

Leader: Rest eternal ♥ grant to them O Lord

All: And let light perpetual shine upon them.

and/or:

Leader: May they rest in peace

All: And rise in glory.

At the end of the prayers the leader says these or similar words:

Leader: We join our prayers with those of Mary mother of our Lord:

All: Hail Mary, full of grace,

the Lord is with thee.

Blessèd art thou among women,

And blessèd is the fruit of thy womb, Jesus.

Holy Mary, mother of God,

Pray for us sinners, now and in the hour of our death.

Amen.

After a short silence the Priest reads a concluding prayer.

All: Amen.

LITURGY OF THE EUCHARIST

We sing the second hymn while the Priest and Servers move to the altar. The bread and wine to be used for communion are carried to the altar from the back of the Church.

Preparation of the Altar

The Priest prepares the bread and wine, censes the altar, and then one of the servers censes the Priest. Servers wash the Priest's hands. A server censes the Choir and brings the incense to the front of the nave facing us. The hymn may have finished, or we may still be singing it.

STAND (If able to do so.)

The server bows to us and we bow in response. Then the server censes us and bows to us again and we bow again in response.

The Priest gives thanks for the bread and wine, and we respond:

Priest: Blessèd are you, Lord God of all creation,

for through your goodness

we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

All: Blessèd be God for ever.

Priest: Blessèd are you, Lord God of all creation,

for through your goodness

we have received the wine we offer you: fruit of the vine and work of human hands,

it will become our spiritual drink.

All: Blessèd be God for ever.

Next the Priest invites us to pray in these or similar words:

Priest: Pray, brothers and sisters, that my sacrifice and yours

may be acceptable to God, the almighty Father.

All: May the Lord accept the sacrifice at your hands,

for the praise and glory of his name,

for our good and the good of all his holy Church.